

## Top 5 Favourite Art Supplies

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Everyone has some favourites in whatever they do or own: a favourite chair, a favourite book, a favourite recipe, a favourite time to have lunch or dinner, a favourite grocery store, a favourite, exercise routine, a favourite walking path, a favourite restaurant, It seems that our daily life is actually filled with favourites. Whether we like it or not, we have favourites. In a way they make our lives easier, because we don't have to think every time: where should I sit to read? When should we have dinner today? Where should I go for a walk today?

Of course we do not always use our favourites. After all, "Variety is the spice of life", said Tony Robbins. It is nice to have the option to try something new, a new path, a new restaurant, a new recipe. Trying something new, keeps us from getting bored, to do the same thing over and over again and again.

However, those favourites, are our trusted stand-by's, for when we don't have much time to explore new options, for when we're tired and still need to perform the task at hand, for when we just need comfort and reliability. We know it works, because we have done or used it so many times. No research, No new formulas, No new routes needed. We know how it works and performs by heart.

In art too, I have my favourites. I am sure I'm not the only artists who has favourite tools and equipment.

Here are my top 5 favourite art supplies:

1. Parker pen and pencil set. I take them everywhere. I started using them when I was at the university, because other pens would run out of ink in no time. We had to take many notes, because we didn't have many printed books at the time.
2. Filbert brushes. They're cheap and surprisingly good quality. (Dollarama).
3. Golden Teal and Turquoise paint colours (and other blues too). I just love the blues (and jazz too)!
- 4, 12" Painters Trim Guide or Edge (Home Depot). I use it to paint straight lines, but also to make lines in my paintings or to drag paint over the surface. Squeegees and old credit card do the same thing on a smaller scale.
5. A flat palette knife to mix paints on my stay wet palettes.

And of course I could add more favourites to the list, but then it wouldn't be my top five!  
So, that will be for another blog post!